

Back to School

Can it really be time to get the kids ready to head back to school? Your First Data sponsored benefit programs offer assistance to help you send them back healthy and ready to learn.

Send your kids back to school knowing you've done your part to ensure they are healthy and ready to learn for the new school year. Here are a few reminders:

- Medical Exam - Schedule a visit with your doctor's office for required school and sports physicals, age appropriate immunizations and flu vaccinations. Routine physicals and immunizations are covered at 100% by First Data's medical plans (certain age and frequency limits apply).
- Vision Exam - If your child has a hard time paying attention, has had poor school performance, or has difficulty when reading or writing, these may be related to vision problems. Annual eye exams help identify problems that may affect your child's ability to learn and be successful in school. First Data's vision plan covers routine eye exams at a \$10 co-pay when visiting a VSP provider.
- Dental Exam – Taking care of your child's teeth is an important part of taking care of their overall health. Cavities and tooth or gum infections can lead to more serious health problems if ignored. Experts recommend that your child's dental care start at 12 months of age, or when their first teeth appear. As your child gets older, he or she should have their teeth professionally examined and cleaned by a dentist every 6 months. First Data's dental plans cover routine checkups and cleanings twice each calendar year including fluoride once each calendar year for children under age 14 at 100% when seeing an in-network dentist in the MetLife and Aetna dental plans.
- Health Care Flexible Spending Accounts (FSA) – FSA's can be used to pay for health care related expenses not covered by insurance (out of pocket expenses such as co-pays or deductible). Even if you don't participate in a health care plan, you may be eligible for reimbursement of the expenses if you participate in a Health Care FSA.

To learn more about any of these First Data benefits, refer to the Benefits Web site at www.FirstDataBenefits.us. The carriers and Health Advocate are ready to help you find the right providers, schedule appointments and explain benefit coverage. Take advantage of the free and confidential services offered by:

- Health Advocate by calling 866-695-8622 (to find providers, schedule appoints, review benefits coverage)
- Aetna at www.aetna.com, or call 800-475-8782 (to find a doctor or review medical or DMO dental coverage)
- United Healthcare at www.myuhc.com, or call 866-627-7800 (to find a doctor or review medical coverage)
- MetLife Preferred Dental Programs (PDP) at www.metlife.com, or call 877-638-4332 option 1 (to find a dentist or review dental coverage)
- Aetna Dental Maintenance Organization (DMO) at www.aetna.com, or call 800-843-3661
- VSP at www.vsp.com, or call 800-877-7195 (to find an eye care provider or review vision coverage)